

## GET A GRIP ON SELF - CONTROL

- I. The \_\_\_\_\_ Of Self - Control
  - A. It is \_\_\_\_\_ - I Thessalonians 5:6; Titus 2:2-6
  - B. It produces \_\_\_\_\_ - Proverbs 25:28
  - C. It requires \_\_\_\_\_ - 2 Peter 1:5-6
  
- II. The \_\_\_\_\_ Of Self - Control
  - A. We are to control our \_\_\_\_\_ -  
2 Corinthians 10:5; Proverbs 4:23; Philippians 4:8
  - B. We are to control our \_\_\_\_\_ -  
I Corinthians 9:27; 6:12; 10:31; Hebrews 13:4; 2 Peter 2:19
  - C. We are to control our \_\_\_\_\_ -  
James 1:26; 3:8; Proverbs 29:11; 16:32
  
- III. The \_\_\_\_\_ Of Self - Control
  - A. \_\_\_\_\_ is the source –  
2 Timothy 1:7; Romans 7:18; Acts 24:25
  - B. The \_\_\_\_\_ is the supplier of self-control –  
Romans 8:9; Philippians 4:13
  - C. The \_\_\_\_\_ is the sustainer of self – control –  
Psalm 119:133, 11